

# OLE MISS HEALTH & SPORTS PERFORMANCE

## Emergency Action Plan: Track and Field Complex

**Practice Personnel:** Coaching staff on site for practice (current first aid/CPR certification). Certified Athletic Trainer on site or in Manning Center Athletic Training Room; Physician on call for practice.

**Competition Personnel:** Certified Athletic Trainer on site for all competitions; Physician on call for competition.

### **Emergency Equipment:**

**Competition:** Emergency Red Kit (BVM, suction kit, OPA kit, pulse oximeter, BP cuff), vacuum splints, spine board, oxygen tank, crutches: located under host tent, AED located in track storage building.

**Practice:** Vacuum splints, oxygen tank located at practice site, AED located in track storage building. Additional AED located on the outside of the timing shed.

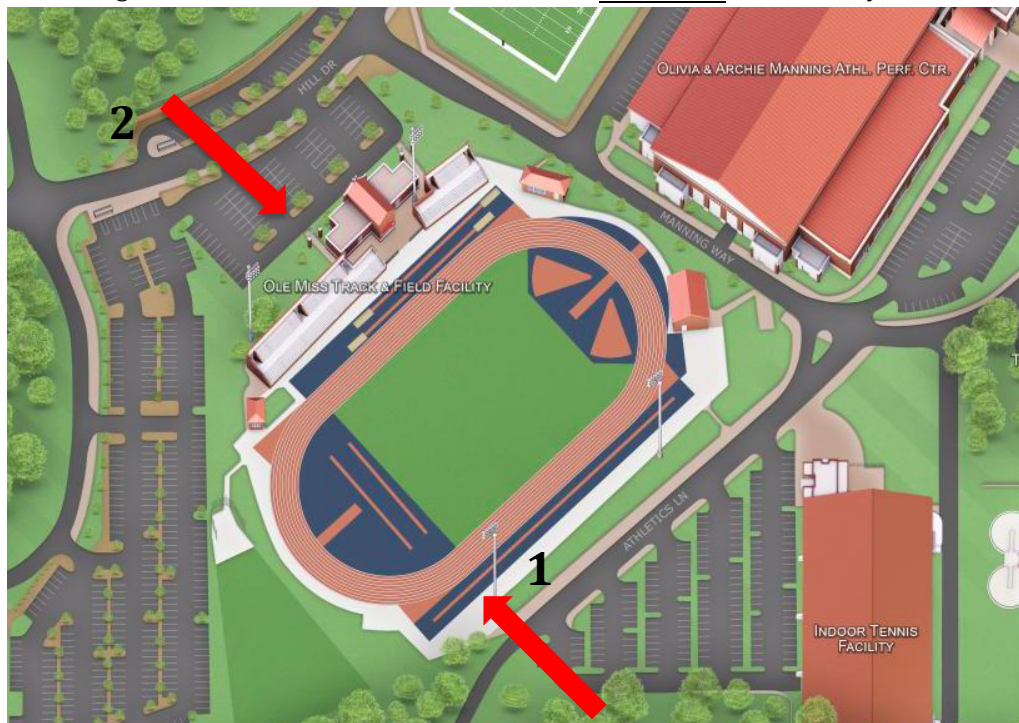
### **Role of the First Responders:**

1. Immediate care of the injured or ill student athlete.
2. Emergency Equipment retrieval.
3. Activation of emergency medical system (EMS).
  - a. 911 call (provide name, address, telephone number, number of individuals injured, condition of the injured, first aid treatment, specific directions, any other information that is needed. DO NOT HANG UP UNTIL THE EMS OPERATOR HANGS UP.
  - b. Campus police (662-915-7234) respond to 911 calls.
4. Direction of EMS to scene
  - a. Open appropriate gates and doors.
  - b. Designate individual to meet EMS at the site and direct them to the scene
  - c. Scene Control: limit scene to first aid providers and move bystanders from the area.

**Venue Directions:** Located at the corner of Hill Drive on Manning Way next to football practice fields; The following entrances provide the most direct access to the facility (all entrances located highlighted)

1) **(Primary entrance) Southeast Corner Entrance:** See below (for Home Meet 3.26.22)

2) **Track Office:** enter through the track office entrance located on the **North side** of the facility off of Hill Drive.



**This Emergency Action Plan should be utilized for (but not limited to) the following emergency medical situations:**

Cardiac arrest

Exertional heat stroke

Asthma

Exertional collapse associated with sickle cell trait

Any exertional or non-exertional collapse

Mental health emergency

**After EMS arrives:**

EMS will transport to Baptist Memorial Hospital- North Mississippi or to other location deemed appropriate by EMS personnel.

As time permits, Certified Athletic Trainer will notify Medical Director and Assistant A.D. for Sports Medicine/Executive Associate A.D. of the injury/illness, emergency care procedures, and treatment plan.

**Following Emergency Care:**

Certified Athletic Trainer completes the "Emergency Care Post-Incident" form and/or documents the incident in the Sports Medicine injury tracking system- identifying all personnel involved, personnel roles, emergency care procedures, treatment plan, and any other information deemed necessary to document.

**Other Emergency Operations:**

Emergency Management Team is comprised of at minimum: Athletic trainer/s, team physician/s, EMS personnel, facility management personnel.

1. Emergency action plan is reviewed and rehearsed annually with the Emergency Management team (Complete and submit "Emergency Action Plan Annual Rehearsal and Review" form)
2. Development of any new emergency action plans involve the Emergency Management team
3. All athletic trainers and strength and conditioning coaches maintain CPR/AED certification
4. Athletic trainer conducts monthly AED check offs
5. Athletic trainer conducts monthly emergency equipment check offs
6. Athletic trainer reviews Emergency Action Plan with coaching staff annually
7. Full-body ice water immersion will be readily available during warm weather events and fall pre-season training
8. Rectal thermometry will be used to measure core body temperature of exertional heat injury emergencies